

Heathcote Public School winter canteen menu

Freshly baked onsite

- Anzac slice- \$1
- Brownie- \$1
- English muffin with ham & cheese- \$2
- Cheese melt- \$1
- Sweet chilli flat bread- 40c
- Cheesymite scroll (mini)50c only available recess

Wrap

The office wrap, chicken tenders, pineapple, cheese with sweet chilli sauce served warm- \$5

Homemade pizza

- Ham & pineapple pizza- \$4.5
- Margarita pizza- \$4
- BBQ meat lovers- \$4.5

Hot food

- Macaroni cheese- \$4
- Beef lasagne- \$4
- Spag bol (homemade) \$4
- Fried rice (homemade) \$4
- Chicken nuggets (3) \$2
- Chicken nuggets (6) \$4
- Chicken nuggets (9) \$6
- Meat pie low fat- \$4
- Sausage roll low fat- \$3.5
- Chicken burger (grilled) choose your own fillings- \$4.5
- Bacon & egg roll- \$4.5 (only Mon & Wed)
- Cheeseburger- \$4.5
- Chicken tenders (gf) \$1.5
- Garlic bread (3) pieces- \$1
- Boiled egg- \$1.5
- Corn on the cob- \$1

Please check flexischools for availability and subject to change.

Sandwiches fresh or toasted

- Cheese- \$2.5
- Cheese & tomato- \$3
- Ham & cheese- \$4
- Ham, cheese & tomato- \$4.5
- Ham, cheese & pineapple- \$4.5
- Baked bean jaffle- \$3 (only Mon & Wed)
- Honey- \$2
- Jam- \$2
- Vegemite- \$2
- Create your own salad sandwich, ham, egg, tuna, lettuce, tomato, cucumber, carrot, cheese, mayo- Protein \$3, salads 50c each & cheese \$1

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Salads

- Create your own salad bowl ham, egg, tuna, lettuce, tomato, cucumber, carrot, cheese, mayo-Protein \$3, salads 50c each & cheese \$1
- Cracker box with crackers, cheese, carrot sticks & cucumber sticks- \$4.5

Snacks

- Cereal bites- 50c
- Fresh popcorn- 30c
- Sunbites grain waves various flavours- \$1.2
- Red rock deli chips- \$1.2
- Cheese & crackers made onsite- \$1.5
- Apple, mango & pineapple freeze dried fruit- \$1.2

Frozen items, only available at lunch

- Slushie half- \$1
- Slushie full- \$2
- Moosies blue moon or chocolate- \$1.5
- Frozen fruit cup orange or apple blackcurrant- \$1
- Twisted yogurt- \$2
- Quelch ice block- 70c

Fresh fruit

- Fresh fruit cup- \$2
- Dip with carrot & cucumber-\$1.5
- Slinky when you bring your own apple- free

Drinks

- Up & Go vanilla, strawberry & choc- \$2
- Nippy's iced choc or strawberry- \$2
- Nippy's juice apple, tropical, orange and blackcurrant- \$1.5
- Water- \$1.5
- Hot milo- \$1.5
- Fresh milk- \$1
- Fresh smoothie banana or mixed berries- \$3.5

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